

SEXUAL ASSAULT VIRTUAL SUPPORT GROUP

TOPICS INCLUDE:
SEXUAL ASSAULT 101
TRAUMA & THE BRAIN
COMMON COPING
EMPOWERMENT & SELF-CARE

TUESDAYS FROM 12:00-1:00 PM

**TO RECEIVE A VIRTUAL INVITATION,
PLEASE CONTACT BRAD AT
BRADH@RESILIENCEMI.ORG**

RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™